Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application: WHAT IS CLAIMED IS:

1. (Currently Amended). A method of lowering the Young's modulus of a silicone hydrogel to between about 20 and about 180 psi or $\tan \delta$ of a silicone hydrogel to less than about 0.1-to-no more than about 0.3, measured at a frequency of 1 Hz and a temperature of 25°C, said method comprising the step of incorporating in said hydrogel, a mono-alkyl terminated polydiorganosiloxane monomer having the structure:

where b = 0 to 100 4 to 16; R_{58} is a monovalent group containing at least one ethylenically unsaturated moiety; R_{59} is independently a monovalent alkyl, or aryl group, which may be further substituted with alcohol, amine, ketone, carboxylic acid or ether group; R_{60} is a monovalent alkyl, or aryl group, which may be further substituted with alcohol, amine, ketone, carboxylic acid or ether groups; and R_{61} is independently alkyl or aromatic, or a monovalent siloxane chain comprising from 1 to 100 repeating Si-O units.

- 2. (Currently Amended). The method of claim 1, wherein b is about 4 to about 16, R_{58} is a monovalent group containing at least one styryl, vinyl, or methacrylate moiety, R_{59} is methyl, R_{60} is C_{3-8} alkyl group, and R_{61} is methyl.
- 3. (original). The method of claim 1, wherein b is about 8 to about 10, R₅₈ is a monovalent group containing at least one styryl, vinyl, or methacrylate moiety, R₅₉ is methyl, R₆₀ is C₃₋₈ alkyl group, and R₆₁ is methyl.

- 4. (original). The method of claim 1, wherein b is about 4 to about 16, R_{58} is a methacrylate moiety; each R_{59} is methyl; and R_{60} is a butyl group.
- 5. (original). The method of claim 1, wherein b is about 8 to about 10, R_{58} is a methacrylate moiety; each R_{59} is methyl, R_{60} is a butyl group, and R_{61} is methyl.
- 6. (Previously Presented). The method of claim 1, wherein about 2 to about 70 % wt, based on total weight of reactive monomer components from which the silicone hydrogel is made, of the mono-alkyl terminated polydiorganosiloxane is incorporated in said silicone hydrogel.
- 7. (**Previously Presented**). The method of claim 1, wherein about 4 to about 50 % wt, based on the total weight of reactive monomer components from which the silicone hydrogel is made, of the mono-alkyl terminated polydiorganosiloxane is incorporated in said silicone hydrogel.
- 8. (**Previously Presented**). The method of claim 1, wherein about 8 to about 40 % wt, based on the total weight of reactive monomer components from which the silicone hydrogel is made, of the mono-alkyl terminated polydiorganosiloxane is incorporated in said silicone hydrogel.
- 9. (original). The method of claim 1, wherein said silicone hydrogel additionally comprises a silicone-containing monomer other than that of claim 1 and having the structure:

$$R_{51}$$
 $(CH_3)_r$
 $X-(L)_a-(CH_2)_p-Si-(OSiR_{52}R_{53}R_{54})_q$

wherein R_{51} is H, C_{1-5} alkyl, or an ethylenically unsaturated moiety, q is 1, 2, or 3 and for each q, R_{52} , R_{53} and R_{54} is independently an alkyl group, an aromatic group or a monovalent

siloxane chain comprising from 1 to 100 repeating Si-O units, p is 1 to 10, r = (3-q), X is O or NR₅₅, where R₅₅ is H or a monovalent alkyl group with 1 to 4 carbons, a is 0 or 1, and L is a divalent linking group.

- 10. (original). The method of claim 1, wherein said silicone hydrogel additionally comprises 3-methacryloxypropyltris (trimethylsiloxy) silane.
- 11. (original). The method of claim 9, wherein each of R_{52} , R_{53} , and R_{54} is independently ethyl, methyl, benzyl or phenyl.
- 12. (Previously presented). The method of claim 1 wherein said silicone hydrogel has a Young's modulus of less than about 154 psi and a tan δ of equal to or less than about 0.3 at a frequency of 1 Hz at 25°C.
- 13. (Previously presented). The method of claim 12, wherein the Young's modulus is less than about 130 psi.
- 14. (**Previously presented**). The method of claim 12, wherein the Young's modulus is less than about 100 psi.
- 15. (Previously presented). The method of claim 12, wherein the Young's modulus is less than about 70 psi.
- 16. (Previously presented). The method of claim 12, wherein the Young's modulus is less than about 45 psi.
- 17. (Currently Amended). The method of claim 12, wherein said silicone further emprising comprises an O₂ Dk greater than about 40 barrer.
- 18. (Previously Presented). The method of claim 12, 13, or 17, further comprising about 2-70 % wt, based on the total weight of reactive monomer components from which the silicone hydrogel is made, of said mono-alkyl terminated polydiorganosiloxane.

- 19. (Previously presented). The method of claim 18, wherein b = 4 to 16, R_{58} is a monovalent group containing at least one styryl, vinyl, or methacrylate moiety, each R_{59} is methyl, R_{60} is a C_{3-8} alkyl group, and R_{61} is methyl.
- 20. (Previously presented). The method of claim 18, wherein b = 8 to 10, R_{58} is a methacrylate moiety; each R_{59} is methyl; R_{60} is a butyl group, and R_{61} is methyl.
- 21. (Previously Presented). The method of claim 18, wherein the mono-alkyl terminated polydiorganosiloxane is a monomethacryloxypropyl terminated polydimethylsiloxane.
- 22. (Canceled).
- 23. (Previously presented). The method of claim 18, having a Young's modulus of about 40-130 psi.

Claims 24-74 (Canceled).

75. (Currently Amended). A method of lowering the Young's modulus of a silicone hydrogel to between about 20 and about 180 psi and $\tan \delta$ of a silicone hydrogel to less than about 0.1-to-no more than about 0.3, measured at a frequency of 1 Hz and a temperature of 25°C, said method comprising the step of incorporating in said hydrogel, a mono-alkyl terminated polydiorganosiloxane monomer having the structure:

where b = 0 to 100 4 to 16; R_{58} is a monovalent group containing at least one ethylenically unsaturated moiety; R_{59} is independently a monovalent alkyl, or aryl group, which may be further substituted with alcohol, amine, ketone, carboxylic acid or ether group; R_{60} is a monovalent alkyl, or aryl group, which may be further substituted with alcohol, amine, ketone, carboxylic acid or ether groups; and R_{61} is independently alkyl or aromatic, or a monovalent siloxane chain comprising from 1 to 100 repeating Si-O units.

76. (Currently Amended). The method of claim 75, wherein said silicone hydrogel additionally comprises a silicone-containing monomer other than the mono-alkyl terminated polydiorganosiloxane monomer of claim 1 and having the structure:

$$R_{51}$$
 $X-(L)_a-(CH_2)_p-Si-(OSiR_{52}R_{53}R_{54})_q$

wherein R_{51} is H, C_{1-5} alkyl, or an ethylenically unsaturated moiety, q is 1, 2, or 3 and for each q, R_{52} , R_{53} and R_{54} is independently an alkyl group, an aromatic group or a monovalent siloxane chain comprising from 1 to 100 repeating Si-O units, p is 1 to 10, r = (3-q), X is O or NR_{55} , where R_{55} is H or a monovalent alkyl group with 1 to 4 carbons, a is 0 or 1, and L is a divalent linking group.

- 77. (original). The method of claim 75, wherein said silicone hydrogel additionally comprises 3-methacryloxypropyltris (trimethylsiloxy) silane.
- 78. (original). The method of claim 76, wherein each of R_{52} , R_{53} , and R_{54} is independently ethyl, methyl, benzyl or phenyl.
- 79. (original). The method of claim 75 wherein Young's modulus is lowered to less than about 100 psi and $\tan \delta$ of equal to or less than about 0.25 at a frequency of 1 Hz at 25°C.

80. (original). The method of claim 75 wherein Young's modulus is lowered to less than about 80 psi and $\tan \delta$ of equal to or less than about 0.25 at a frequency of 1 Hz at 25°C.